

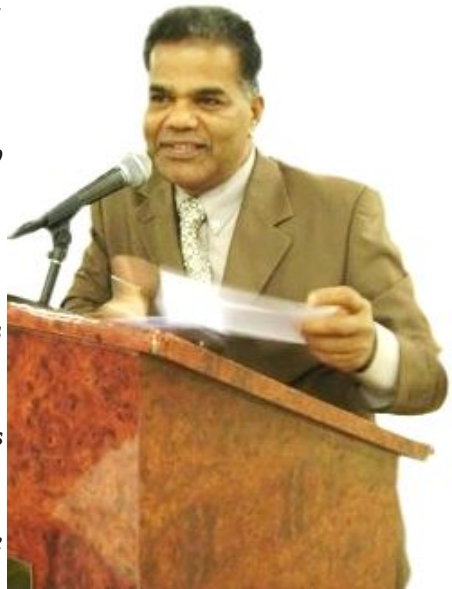
WELCOME

Lagoon Guest

Do butterflies attack your stomach whenever you're asked to speak before a group? Can you confidently express your thoughts and ideas? Do you have the nerve to ask your boss for a raise? Have you been asked to do a presentation at work?

Whether you're speaking to one or one thousand, a Toastmasters club can help you speak clearly and confidently. At home, in social settings or on the job, Toastmasters will provide you with the confidence you need to get ahead.

The Lagoon Toastmasters club was formed in 2002. It is considered one of the best clubs in the region. If you want to unleash your hidden potential, network with top professionals in the speaking world and become a better leader and speaker, there is no better place than the Lagoon club!



LAGOON TOASTMASTERS
MAKE A DIFFERENCE

www.LagoonToastmasters.com

When

was Toastmasters established?

From a humble beginning in 1924 at the YMCA in Santa Ana, California, Toastmasters International has grown to become a world leader in helping people become more competent and comfortable in front of an audience.

The nonprofit organization now has nearly 250,000 members in over 12,000 clubs in 106 countries, offering a proven – and enjoyable! – way to practice and hone communication and leadership skills.

The mission of the Lagoon Toastmasters club is to provide a mutually supportive and positive learning environment in which every member has the opportunity to develop communication and leadership skills, which in turn fosters self-confidence and personal growth.

*A wealth of information is available at
www.Toastmasters.org*



The Courage to Conquer

"Toastmasters is the best yet the least expensive personal improvement class you can go to."

Linda Lingle, Governor of Hawaii

What

happens in a typical Toastmasters meeting?

A typical Toastmasters meeting consists of three major parts, followed by the presentation of awards.

PREPARED SPEECHES:

These usually last from 5 to 7 minutes and are based on projects contained in the Toastmaster manuals. The subject matter of the speeches is always up to the individual's choice.

EVALUATIONS:

The major participants in the meeting are given positive and constructive feedback on their roles and speeches.



TABLE TOPICS:

This is an opportunity to “think on your feet” and respond spontaneously for 1 to 2 minutes to a question or subject given to you with little or no notice. As a guest, you may join in the fun or feel free to pass.

AWARDS CEREMONY:

The best project speaker, the best evaluator and the best table topic speaker are all selected based on the votes received from club members. Each one receives a certificate and a trophy for their accomplishment.

Who

does what role?

In Toastmasters, we learn by participating. During Club meetings there are many opportunities to practice speaking, leading and communicating. Here is a brief description of the Roles:

TOASTMASTER:

The Toastmaster's duty is to act as a genial host and conduct the entire program, including introducing participants. The Toastmaster creates an atmosphere of interest, expectation, and receptivity. The Toastmaster also prepares the agenda.

SPEAKER:

A major portion of each meeting is centered on 4 to 5 speakers. Their speeches are prepared based on the Competent Communication Manual and often last from five to seven minutes in duration.

EVALUATOR:

After every prepared speech, the speaker receives an evaluation. In addition to an oral evaluation (2 to 3 minutes), the speaker will also be given a written evaluation using the Competent Communication Manual, which is part of the New Member Kit. Other roles are evaluated using the Competent Leadership Manual.

The Lagoon Toastmasters Club meets on alternate Mondays from 7.30pm to 10.00pm at Rayan Hotel, Abu Shagara, opposite Gold Center, near Dwarka Restaurant / Mega Mall.

Who

does what role?

(...continued...)

TIMER:

One of the objectives in speech training is to express thoughts within a specific time. The Timer is the member responsible for keeping track of time.

GRAMMARIAN:

Being Grammarian is truly an exercise in expanding our listening skills. Grammarians have two basic responsibilities: first, to introduce new words to members and second, to comment on the use of English during the course of the meeting.

AH COUNTER:

The purpose of the Ah Counter is to note words and sounds used as a “crutch” or “pause filler” by anyone who speaks during the meeting. Examples of these are - the words 'and', 'but', 'so', 'well', 'you know' and the sounds 'ah', 'um', 'er', etc.

GENERAL EVALUATOR:

The General Evaluator evaluates anything and everything that takes place throughout the meeting and is also responsible for the evaluation team: Evaluators, Timer, Grammarian and the Ah Counter.

Anyone over 18 years of age is welcome to attend a Lagoon club meeting as a guest.

For more details please contact any of our club officers, or visit www.LagoonToastmasters.com

Who

are the club officers?

Members of the club choose seven officers every year to carry out the various tasks to keep the club running smoothly and in an organized fashion.

In addition, the immediate past president also becomes a part of the executive committee in order to guide the new officers in their duties.

The club officers for the period July 2009 to June 2010 are:

President

Dr Balan Vijay Kumar 050-4974 614
balanvijaykumar.psychiatrist@gmail.com

Secretary

Praveen K. N. 050-4581 571
pravinkn.pravi@gmail.com

VP Education

Santhosh Kumar 050-5972 932
sanbinjk@eim.ae

Treasurer

Rakesh Dayal 050-206 1109
dayal_rakesh@yahoo.com

VP Membership

Sailesh M. Ghaghda 050-6465 816
ghaghda@eim.ae

Sergeant at Arms

Kevin Jude 050-307 1985
kvnjude@gmail.com

VP Public Relations

Sandhya Ashokan 050-3417 925

Imm. Past President

Suresh E. S. 050-6546 033

Feel free to contact any of the above for more information on the Toastmasters program and the activities of the Lagoon Club.

What

do I pay to enhance my communication & leadership skills?

Toastmasters is a non-profit organization, and the Lagoon Club also operates on the same non-profit basis.

As a guest you pay AED 25 per meeting to cover hotel charges, this will be waived if you decide to join as a member. Ask the treasurer or any of the club officers for assistance.

So how much do you invest in yourself ?

Membership fees at Lagoon Toastmasters covers meeting expenses incurred at the hotel, registration with Toastmasters International, cost of educational materials and manuals, and other supplies required for the running of the club activities.

As a member you will also receive the 'Toastmaster' magazine every month by mail.

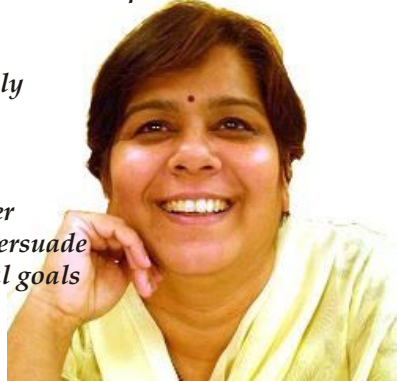
Annual membership costs just AED 1,000 and half-yearly costs only AED 600. You can even choose to pay AED 350 every quarter.

Why should I join?

Survey after survey shows that presentation skills are crucial to success in the workplace. Many people pay high fees for seminars to gain the skill and confidence necessary to face an audience. Toastmasters provides an option that is less expensive and held in high regard in business circles. This organization has been around for more than 84 years and offers a proven – and enjoyable – way to practice and hone communication and leadership skills.

You will...

*Learn to communicate more effectively
Become a better listener
Improve your presentation skills
Increase your leadership potential
Become more successful in your career
Build your ability to motivate and persuade
Reach your professional and personal goals
Increase your self confidence.*



How you do it. . .

*Build speaking and leadership skills with time-tested methods
Focus on areas of interest in our self-paced curriculum
Receive suggestions for improvement through constructive evaluations*

What does the new member kit contain?

After you join, the New Member Kit is mailed to you from Toastmasters International. This kit contains several helpful manuals, including:

- >> Competent Communication Manual (ten speech projects)*
- >> Competent Leadership Manual (ten leadership projects)*
- >> "Your Speaking Voice" booklet*
- >> "Effective Speech Evaluation" booklet*
- >> "Gestures: Your Body Speaks" booklet*

Toastmasters programs are . . .

*Inexpensive + Interactive + Convenient + Friendly + Supportive
More than four million people have discovered the benefits of this proven learning formula. What are you waiting for?*